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| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Adaptability**  (e.g challenge faced in an internship; situation where you handled a lot of pressure; time you failed) | Yes, I faced the challenges when I was in the internship in industrial training for one years | I have taken the action over my skills for learning and growing to my skills. | I was good ,where I was weak | Yes ,very |
| **Analytical**  (e.g project where you had to perform detailed research and analysis) | Yes analytical research faced in to the project building. and sometime I got stuck in project without analyzing and researching over the concept | When I was making the project I got proper noted all the concept process layout and structure of the project then I do the project | Project completed successfully by applying this step | yes |
| **Communication**  (e.g convince someone of your idea, present complex information, get your point across) | It was biggest enemy to deliver my word or mark my word to anyone .and storytelling was poor . | I made my friend who speak with me in English talk with me English .whenever we meet or talk with each other we talk in English for using this I improve my English and confidence in communication | I improved in English communication behavior and storytelling also improved | Yes |
| **Initiative**  (e.g stepped up to a challenge, identified a problem and took action to solve it, did something even though not your responsibility) | During job problem solving is very necessary | Since my background belonging from electrical background. Here is problem solving risky. We always aware or critical situation in always a step ahead for taking a step | By this I always solved a problems | Yes |
| **Skills Developed** | **Challenge** | **Action taken** | **Results** | **Self-reflection/ Key takeaway** |
| **Leadership**  (e.g coordinated several people to achieve a goal, led a group but not successful) | Task was for me to achieve a goal | The goal was for me for kaizen competition. I have to give a kaizen competition for my depart. And I was a team member. No one was taking the initiative for starting the competition .i had taken the first initiative for opening the competition agenda. | Boost my apex approach. and boost my confidence | Yes |
| **Planning & Organization**  (e.g overcame a tight timeline, handled multiple responsibilities, manage your time and prioritize tasks) | For schedule work | When ever we start a thing and job we need to organized and planned manner approach.to start and job or work that is most important thing to do this. | Work with regular manner and sequentially.to achieve a target | Yes |
| **Problem-solving skills**  (e.g talk about a problem/obstacles faced to reach a goal and how you solved it) | Team work for doing a task | For doing work and troubleshoot the work, problem solving skills are very important .i have a skills to analyses and observe the situation and act on it | This skills enhanced with technical and managerial situation. | Yes |
| **Teamwork**  (e.g when you worked on a team to achieve a goal; conflict faced when working on a team; working with a team member not cooperative) | Team works makes a dream work | A team need ,full of team work for completed the given task. a team work can be complete a dream work too | Accomplished task successfully | Yes |